

The Inspired Leader: “Smart AND Healthy”

What Skills Are You Learning? Most of us have spent the majority of our formal education developing our technical skills. However, our interpersonal and emotional skills play a major role in our relationship building with co-workers and customers. These skills can’t be faked, but they can be learned!

Which specific “human” skills will you work on this month?

Listening

Patience

Empathy

Understanding

Caring

Conflict Resolution

What strategies or resources will you employ to develop these skills to a higher level?

What evidence will you look for that indicates progress toward your goal?