The Inspired Leader: “Smart AND Healthy”

What Skills Are You Learning? Most of us have spent the majority of our formal education developing our technical skills. However, our interpersonal and emotional skills play a major role in our relationship building with co-workers and customers. These skills can’t be faked, but they can be learned!

Which specific “human” skills will you work on this month?

- Listening
- Patience
- Empathy
- Understanding
- Caring
- Conflict Resolution

What strategies or resources will you employ to develop these skills to a higher level?

What evidence will you look for that indicates progress toward your goal?